THE BIBLE WARRIORS

HOW TEACHERS CAN HELP

THE BIBLE WARRIORS

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INTRODUCTION TO THE BIBLE WARRIORS

- We have spent the last 7 weeks developing a guide for teachers on cyberbullying.

- Our aim is to produce this resource so that teachers will understand more about cyberbullying and how to help.

- Our school was one of five schools in London that completed an online survey asking young people about their experiences on the Internet. Focus groups were also performed where small groups of pupils discussed the findings further.

- 582 pupils participated in the online survey

- Questions were asked such as:

'Did you tell a teacher about any nasty or unpleasant experiences happening to you on the Internet?'

'How could teachers help more?'

- We used the findings from the survey and focus groups to help create this resource for teachers.

WHAT IS CYBERBULLYING

➢ Cyberbullying doesn't happen once, it happens gradually.

➢ It starts off from a negative word and you will ignore it because it seems like a mere joke but this will carry on for a period of time increasing gradually each time.

➢ This intimidation and feeling neglect begins to grow in the child's mind preventing them from reporting this or telling someone about this.

➢ This results in the changes in their actions in class. This is the time when you come in.

➢ You have to understand and respect their feelings as if you push things too far in a negative way, it could cause depression for the victims.

THE FINDINGS FROM THE ONLINE SURVEY/ FOCUS GROUPS

◆ Only 3% of pupils who had experienced nasty or unpleasant things on the Internet, would tell a teacher.

◆ Most pupils would not recommend speaking to a teacher because of fear.

◆ Pupils were asked 'how could teachers help more?'. They replied:

1. Talk to us more
2. Ask if we are OK
3. Teachers behaviour being different towards students- more empathy
4. Better approaches in schools to stop cyberbullying
5. Get the teachers to tell the parents of the nasty child

HOW CYBERBULLYING NEEDS TO BE STOPPED

- Bullying needs to be stopped because people are ending their own lives.
- Now I have an incredible fact about this terrible thing- 29% of pupils have had nasty or unpleasant experiences on the Internet in the last two months- that fact is terrible!
- Bystanders could really help to stop bullying if they stood up right when it is happening!
- Stop bullying on the spot therefore it can't go anywhere or develop anymore.
- If a teacher see's the bullying or anyone, they should really stop it- do not be afraid!
- In school as well, people can be bullied. To prevent this, teachers could also check up on students just to make sure they are alright.
- Another reason why bullying needs to be put to a stop is because it makes people suffer from bad diseases like depression and anxiety.

HOW CAN A TEACHER SPOT IF A PUPIL IS BEING CYBERBULLIED?

If you would like to know how to spot a pupil who maybe being cyberbullied, then you may see some of these side effects being displayed:

◆ Depression
◆ Sadness
◆ Loss of friends
◆ Not working
◆ Complained of feeling ill most of the time
◆ Arriving late or not wanting to come to school

WHAT TEACHERS CAN DO IF A PUPIL IS BEING CYBERBULLIED

❖ Give them a website to go to or a number to call like a helpline.

❖ Tell their parents so they have help at home as well as at school.

❖ Make sure you check up on them now and again.

❖ Make sure pupils don't respond to the messages.

HOW SHOULD A TEACHER RESPOND TO A PUPIL IF BEING CYBERBULLIED?

◆Make sure you are genuine and care about what they say.

◆Give them compliments depending on their situation

◆Don't just echo advice that is said to them everyday; go the extra mile- show empathy not sympathy.

HOW TEACHERS CAN HELP PREVENT CYBERBULLYING

1. You can block or report any negative things that you may come across
2. You may look at pupils and see if they are being bullied in any way.
3. You can regularly check up on your pupils to show that you care.
4. Be approachable so that the pupils will want to talk to you.
5. Get the pupils to share their experiences with their friends- there is safety in numbers.
6. Practice with the pupils what to say and who to tell so they feel more equipped to tackle any issue online.

RESOURCES FOR TEACHERS

- The Bible Warriors would like to make teachers even more aware of what information is out there on the Internet.

- Over the last few weeks, we had access to the computers and researched the resources currently available for teachers and information on cyberbullying.

- We hope that you find these helpful.

RESOURCES FOR TEACHERS

1. **ANTI-BULLYING ALLIANCE: www.anti-bullyingalliance.org.uk**

The Anti-Bullying Alliance is an organisation in which raises awareness about bullying. Each year, they have an anti-bullying week on the third week of November. Every year they have a different theme- this year's theme was '**choose respect**'.

RESOURCES FOR TEACHERS

2. Internet Matters: www.internetmatters.org.uk

Internet Matters is a website aimed at helping parents keep their children safe online. As a teacher, it may be useful to know about this so that you can share it with parent/carers.

It discusses current issues (cyberbullying,sexting), gives advice for all different age groups, current research, controls and privacy features and resources for teachers at school.

WHAT THE BIBLE WARRIORS HOPE TEACHERS WILL LEARN FROM THIS PRESENTATION?

◆ Firstly, we hope that you have learned more about how to find out if any of your pupils are being cyberbullied-if so, you will hopefully know how to help them.

◆ We also hope that if you suspect that one of your pupils is being cyberbullied, then you will know what to say to them and you can show them how to get through it and stop the cyberbullying.

◆ Finally, with your support we can make school a better and happier place for the students and teachers to learn and teach.